

# Lisnasharragh School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 3/1/22 31/1/22 28/2/22 7/3/22 4/4/22 2/5/22 30/5/22 27/6/22	Spaghetti Bolognese Grated cheese Crusty bread  Rice Pudding Mandarin oranges	Breaded Cod Fillets Baked beans Tossed salads Mashed potatoes  Apple crumble Custard	Chicken curry Boiled rice Naan bread  Strawberry muffin Orange juice	Roast beef, gravy Cauliflower florets Dry roast potatoes Mashed potatoes  Sponge custard	Chicken Goujons Sweetcorn Salads Chips Baked Potatoes Flakemeal biscuit Fresh fruit
<b>WEEK 2</b> 10/1/22 7/2/22 14/3/22 11/4/22 9/5/22 6/6/22	Steak casserole Diced turnip Mashed potatoes  Ice Cream Fruit Cocktail	Salmon fish cakes Sweetcorn Chips  Fruit muffin	Chicken curry Boiled Rice Naan Bread  Shortbread biscuit and fresh fruit	Roast Pork, gravy Cabbage Mashed potatoes  Carrot cake custard	Chicken Goujons Peas Mashed Potatoes  Jelly and fruit
<b>WEEK 3</b> 17/1/22 14/2/22 21/3/22 18/4/22 16/5/22 13/6/22	Fish fingers Baked Beans Sweetcorn Mashed potatoes  Sponge custard	Pasta Bolognese Grated cheese Crusty Baguette  Rice pudding Peaches	Hot dogs Salad Chips  Date Krispie Milk	Roast turkey, Gravy Broccoli florets Dry Roast potatoes Mashed potatoes  Chocolate orange sponge custard	Chicken curry Boiled rice Naan bread  Flakemeal biscuit Fresh Fruit
<b>WEEK 4</b> 24/1/22 21/2/22 28/3/22 25/4/22 23/5/22 20/6/22	Breaded cod fillets Baked beans Mashed potatoes  Lemon sponge custard	Chicken curry Boiled rice Naan Bread  Ice Cream Roll fresh fruit	Beef burger in bap Peas and sweetcorn Chips  Chocolate Brownie Milk	Roast Pork, gravy Baton Carrots Roast Potatoes  Apple muffin	Cheesy pizza Salad Baguettes Herb dice Potato  Ginger biscuit Fruit or yoghurt

*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Selection of fresh  
Salads available  
daily*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*



